

The **YWCA** of Adelaide is a not for profit organisation which is the leading voice for young women in South Australia. We provide advocacy, support, empowerment and leadership opportunities for young women under 30 through services, programs and campaigns.

Other YWCA of Adelaide Programs

Young Women's Program - Empowers young women with the skills and knowledge to achieve their dreams. The YWCA of Adelaide provides opportunities for young women to develop their leadership and life skills.

Advocacy - Creating awareness and building a more fair and just society through campaigns on violence against women and girls, self image and gender role stereotypes.

Youth Mentoring - Provides early intervention for disadvantaged young people who lack adult support and involvement in their lives. The Big Brothers Big Sisters (BBBS) and Connect-4 programs develops self esteem, confidence and social relationships through mentoring.

Northern Services - The YWCA of Adelaide provides programs and services to young people aged 12 -25 years, living, attending school or socialising in the northern regions of Adelaide.

Encore - an 8 week exercise program for women after mastectomy, lumpectomy or breast reconstruction surgery. Based around floor and pool exercises and relaxation techniques, it is safe, fun and therapeutic.

Walking Clubs - The YWCA of Adelaide walking clubs meet throughout the year to socialise and tackle various bushwalking trails around and near Adelaide.

Women's Clubs - The YWCA of Adelaide supports women's clubs for women of all ages and backgrounds which meet weekly for social networking and fundraising activities.

YOUR COMMUNITY, YOU CAN MAKE A DIFFERENCE!

Please visit our website

www.ywca.com.au

for:

- Program Information
- Current Events and Campaigns
- How to Donate
- Volunteering Opportunities
- Bequest Information
- Membership Information

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YWCA of Adelaide
17 Hutt Street
ADELAIDE SA 5000
phone +61 8 8203 9400
fax +61 8 8203 9498
www.ywca.com.au



An Australian Government Initiative

Funded by the Department of Education,
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(DEEWR) - Parental and Community
Engagement (PaCE) program

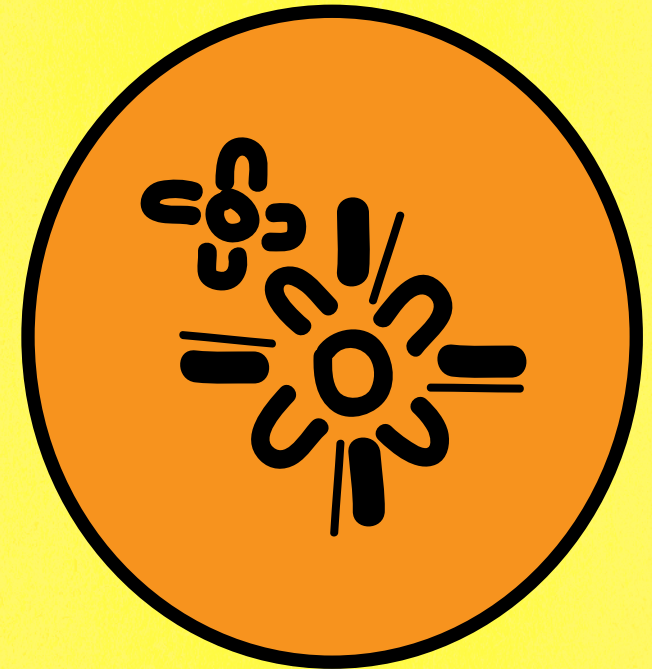
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YWCA's Parental Engagement Program

Supporting Mothers and Carers of
ATSI Children



Empowerment Support Advocacy

Parental Engagement Program for Parents and Carers of ATSI Children

Program Summary

This program offers Parents and Carers of ATSI children information and advice on engaging and supporting their children from pre-school through to school years.

Workshops will be based on the **NEEDS** and **WANTS** of **Parents and Carers and their children between the ages of 0-4 years**.

Workshop content will be linked to parental advice and early childhood development.

This program is **community driven** for Parents and Carers and their children.



'Meeting Place'

This program will help to support Parents and Carers to;

- participate in educational decision making
- develop partnerships with education providers
- build and maintain early learning opportunities

- participate in peer based parenting support
- develop Individual Action Plans
- access support via mentoring and community services
- develop leadership capacity by participating in community activities

A key focus will be looking at **what is relevant to support you** and exploring opportunities for you to engage in your community.

Program Delivery Methods and Objectives

This program will be delivered in a way that is **culturally sensitive and appropriate** for Parents and Carers of ATSI children.

This program aims to maintain positive attendance of Parents and Carers by ensuring that the parenting sessions are;

- interesting and relevant
- encourages reflection on their individual needs and wants for their children's future education
- encourages peer support

The program aims to enhance parental capacity by;

- increasing leadership opportunities
- participating in school life and positive early learning experiences before formal schooling starts
- creating strong Aboriginal support groups
- linking participants to community engagement and mentoring opportunities

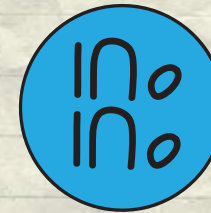


'Women teaching Children'

Why should Parents and Carers get involved?

Being involved with this program gives Parents and Carers a chance to;

- develop **Individual Action Plans** to better engage in their learning and prepare for their child's education
- provide an early learning experience for children within a **culturally sensitive model**
- increase **confidence** and parenting skills



Why should the community get involved?

Being involved with this program provides the community a chance to;

'Community'

- reinforce the **importance of elders and community learning** with the Mothers and Carers of ATSI children
- **re-engage** Mothers and Carers through exploring education options for their children
- **improve future educational outcomes** for ATSI children

'We want to be involved in practical, hands on groups where we can build our confidence to identify and share knowledge we have.'

- Community feedback from an Aboriginal Parent at a community meeting.

This is a great opportunity for the community to share their knowledge and develop the skills and confidence of Parents and Carers.

Current Program Locations

Programs will be offered in Northern Metropolitan Adelaide throughout 2011 and 2012.

Contact Details

Lisa Warner - Aboriginal Project Officer
on **8203 9400** or lisa.warner@ywca.com.au

Once you have enrolled, you will be invited to participate in an evaluation conducted by the School of Health Sciences, University of SA. For more information, please contact Margaret Cargo at margaret.cargo@unisa.edu.au