

Big Brothers Big Sisters provides young people, in need of additional adult support and friendship, with a caring volunteer mentor and positive role model. Our programs are based on the simplicity and power of friendship.



- Big Brothers Big Sisters (BBBS) is the leader in one to one youth mentoring both nationally and around the world.
- BBBS is the longest-serving youth mentoring organisation in Australia.
- We are supported by an international heritage spanning more than 100 years.
- In 2003 Big Brothers Big Sisters was established by the YWCA of Adelaide under licence from Big Brothers Big Sisters Australia Ltd. and with funding from the Australian Government.
- We currently receive program funding from the Australian Government with support from the City of Port Adelaide Enfield.
- We are currently funded to work within City of Port Adelaide Enfield, the City of Salisbury, and the City of Tea Tree Gully council areas.

How it Works:

Young people ('Littles') are matched with a carefully selected and trained volunteer mentor who becomes their Big Sister or Big Brother. The match is made taking into account the young person's needs, interests, personality, family circumstances and location, in addition to the skills and qualities the volunteer offers. The matched 'Big' and 'Little' agree to catch up weekly to have fun and get to know each other. Often these relationships develop into strong, long lasting friendships. Research demonstrates the many benefits that relate to introducing a child to a positive, consistent, caring adult. The program is currently available to young people aged 7-17. Please note: additional criteria apply and eligibility can change based on funding.

Outcomes:

Research has found that young people with a Big Brother or Big Sister:

- Are more confident and have higher self esteem
- Show significant improvements at school
- Are more positive at home with their family
- Build better relationships with family and peers



How Can I Get Involved?

If you would like to find out how you can get involved or assist the program, please contact the BBBS team on (08) 8203 9400 or email bbbs@ywca.com.au. For more information please visit our webpage www.ywca.com.au/programs/youthmentoring/

